

Result Sheet



ID	Height	Age	Gender	Test Date / Time
1136035	193cm	38	Male	21. 07. 2016 20: 58

BODY COMPOSITION ANALYSIS

Total amount of water in body	Total Body Water (L)	63.6 (46.1 ~56.3)
For building muscles	Protein (kg)	17.3 (12.3 ~15.1)
For strengthening bones	Minerals (kg)	5.94 (4.27 ~5.21)
For storing excess energy	Body Fat Mass (kg)	13.8 (9.8 ~19.7)
Sum of the above	Weight (kg)	100.6 (69.6 ~94.2)

InBody Score

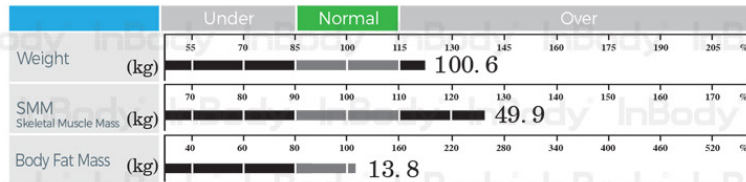
97/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	100.6 kg
Weight Control	0.0 kg
Fat Control	0.0 kg
Muscle Control	0.0 kg

MUSCLE-FAT ANALYSIS



Nutrition Evaluation

Protein	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Deficient
Minerals	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Deficient
Body Fat	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Deficient <input type="checkbox"/> Excessive
Upper	<input checked="" type="checkbox"/> Balanced <input type="checkbox"/> Slightly Unbalanced <input type="checkbox"/> Extremely Unbalanced
Lower	<input checked="" type="checkbox"/> Balanced <input type="checkbox"/> Slightly Unbalanced <input type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input checked="" type="checkbox"/> Balanced <input type="checkbox"/> Slightly Unbalanced <input type="checkbox"/> Extremely Unbalanced

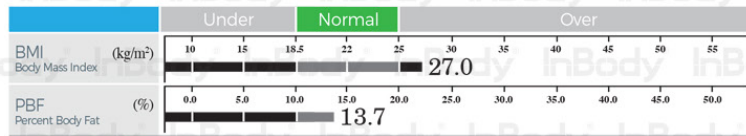
Waist-Hip Ratio

0.89

Visceral Fat Level

Level 6

CALCULATED ANALYSIS



Research Parameters

Skeletal Muscle Mass	49.9 kg (35.5 ~43.3)
Fat Free Mass	86.8 kg
Basal Metabolic Rate	2245 kcal
Waist-Hip Ratio	0.89 (0.80 ~0.90)
Waist Circumference	95.2 cm

Calorie Expenditure of Exercise

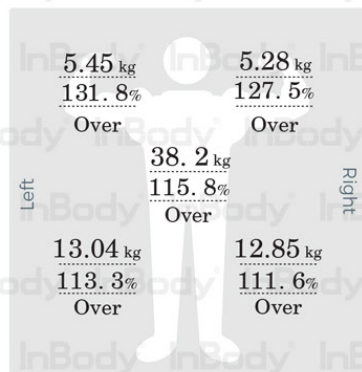
Golf	177	Gateball	191
Walking	201	Yoga	201
Badminton	227	Table Tennis	227
Tennis	302	Bicycling	302
Boxing	302	Basketball	302
Mountain Climbing	328	Jumping Rope	352
Aerobics	352	Jogging	352
Soccer	352	Swimming	352
Japanese Fencing	503	Racketball	503
Squash	503	Taekeondo	503

*Based on your current weight
*Based on 30 minute duration

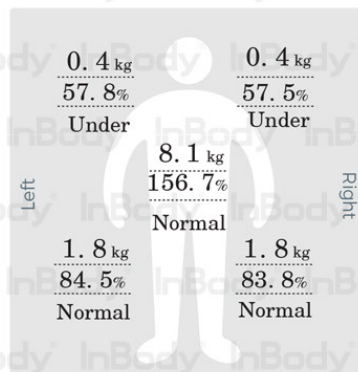
Impedance

	RA	LA	TR	RL	LL
Z _(c) 20 kHz	270.3	259.3	18.7	249.6	238.6
100 kHz	234.0	225.0	15.2	221.5	211.8

SEGMENTAL LEAN ANALYSIS



SEGMENTAL FAT ANALYSIS



BODY COMPOSITION HISTORY

Weight (kg)	100.6			
SMM (kg)	49.9			
PBF (%)	13.7			
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total	21. 07. 16 20:58			